Background

Experience-dependent neural mechanisms support learning by forming synaptic connections in response to environmental input1.

In Canada, the child poverty rate was projected to rise by nearly 40% in 2022, with over half of these families experiencing financial stress²³.

Baseline EEG Trajectories









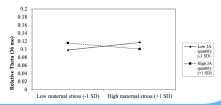
Low SES Infants⁵

lower relative alpha higher relative theta

When coupled with low power in the higher-frequency bands, high theta power has been linked to ADHD, and poorer top-down control⁶.

How might parental stress influence infant neural development?

- Joint attention (JA): engagement in shared attention between an infant and their caregiver over a common object or event⁷. Engaging in JA enables children to gain important linguistic and social cues to scaffold their socioemotional development.
- Variations in the 3–5 Hz (theta) and 6–9 Hz (alpha) frequency ranges in infants have been previously associated with neural activation during JA interactions8.
- By exploring 5 dimensions of JA⁹, we can test how stress might influence different facets of early caregiver-child interactions, such as:
 - Duration / Frequency
 - Initiation: Mother directs, Mother follows, Infant initiates
 - Termination: Mother vs infant terminated
 - Coordinated vs Passive
- Previous work supports maternal education (b=-.011; p=.012) and JA quality (b=.004, p=.042) as significant predictors of theta at 24 months.
- JA quantity moderated the relationship between stress and theta at 36 months after adjusting for SES covariates (B = -.008, p = .027)¹⁰.



Purpose

Using a live-interaction EEG task, we aim to a) examine neurodevelopmental processes underlying the development of joint attention in a sociodemographically diverse sample, b) test whether early life stress is associated with patterns of early neurodevelopment, and c) explore the mediating and moderating role of joint attention in these associations.

This study seeks to understand how stress influences infant brain development via research protocols which serve families from diverse backgrounds. The goal is to expose the misunderstood variabilities present across affluent and nonaffluent communities



Development of neural mechanisms underlying joint attention during infancy using live-interaction electroencephalography (EEG)



Pilot Data

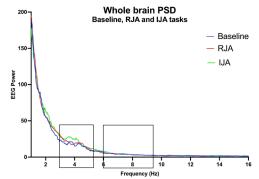
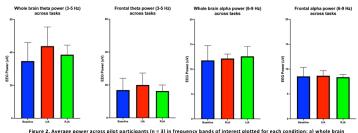


Figure 1. Power spectral density (PSD) plotted for each task and averaged across participants (n = 3). Frequency bands of interest include theta (3 - 5 Hz) and alpha (6 - 9 Hz).



theta (3 - 5 Hz), b) frontal theta (3 -5 Hz; ROI: F3, Fz, F4) c) whole brain alpha (6 - 9 Hz), d) frontal alpha (6 - 9 Hz; ROI: F3, Fz, F4).

- EEG power is extracted from the first 20 seconds of the baseline and JA tasks. Inferential statistics have not been performed on this small pilot sample.
- Visually, expected differences are apparent in the theta band (3-5 Hz) across 3 pilot participants. 6-month-old infants displayed higher theta during JA (RJA and IJA) compared to baseline.
 - Visually, no differences were evident in the alpha band (6-9 Hz).
 - Observable differences in alpha activity may arise at later time points

Participants

- 6-month-old infants and their mothers
- Lab visits at 6, 10, 12 and 24 months
- Recruited in Toronto from neighbourhoods varying in socioeconomic status (SES)

Measures & Procedure



At every timepoint we collect

- 1. Mother's SES + stress (SE-stress) and demographic information 2. Infant-Mother free-play coded for 5 JA dimensions
 - 3. Infant baseline EEG
 - 4. Infant EEG during JA book-reading task¹¹ with mother







Infant EEG activity will be recorded during a 2-part RIAM ECS during will be recorded until a 2-part structured book reading task¹¹. First, responding to IA (RJA) is assessed while mothers go through a booklet of emotional pictures while seated in front of their infant. Then, mothers are instructed to look at the wall while a puppet is shown behind them to measure activity while infants initiate JA (IJA). The task is video recorded to capture eye gazes from mother and infant



recorded during a 3-minute baseline task where infants watch a video of moving toys while sitting on thei

Predictions & Proposed Analyses

H1: Infants will display higher theta and lower alpha activity during JA compared to baseline.

- A t-test will assess differences between infant alpha and theta activity during the JA task compared to baseline.
- Alpha and theta power during the JA tasks will be subtracted from alpha and theta power during baseline.

H2: High SE-stress will be associated with a smaller difference in theta and low alpha during JA compared to baseline.

Hierarchical linear regressions will test associations between SEstress and infant EEG differential scores.

H3: JA quantity and/or JA quality mediate associations between SE-stress and the difference in theta and alpha during JA compared

Mediation analyses will test whether coded JA behaviours mediate the significant associations reported between SE-stress and infant EEG differential scores

H4: JA quantity and/or JA quality will moderate associations between SE-stress and the difference in theta and alpha during JA compared to baseline.

Moderation analyses will test whether coded JA behaviours buffer the association between SE-stress and infant EEG differential scores.









